Sample letter (feel free to adapt it):

Dear Member of Parliament (Insert your MP):

In 1989, the Canadian House of Commons unanimously passed an all-party resolution to end child poverty in Canada by the year 2000. Since then, federal politicians have pledged to do so twice more in 2009 and 2015. Over 25 years later and child poverty rates are higher now than in 1989. Over 1.33 million children continue to experience compromising health and life chances due to poverty - hunger, unstable housing and impacts of low wages, unemployment, discrimination, stress, and inequality.

After decades of waiting, we have the opportunity to eradicate child and family poverty in Canada – let's do this right:

- ✓ Ensure the upcoming Canadian Poverty Reduction strategy includes targets and timelines and is secured in legislation;
- ✓ Ensure the Canada Child Benefit reduces the child poverty rate by 50% in 5 years;
- ✓ In conjunction with Indigenous organizations, develop a plan to prevent, reduce and eventually eradicate child and family poverty in Indigenous families;
- ✓ Develop a national Early Childhood Education and Care strategy with targets and timelines:
- ✓ Invest dollars in the National Housing Strategy.

The children of Canada can't wait any longer. I look forward to hearing how you will make child poverty eradication in Canada a priority. Together, it is possible to eliminate child and family poverty for good.

Yours sincerely.

(Your name) (Date)